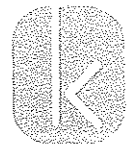


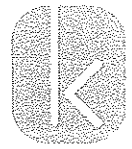
October 2018 Lunch TLCS



**KEYSTONE
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti with Meat Sauce Garlic Knot Green beans Fruit Milk Salad Bar	2 Southwest Chicken Sub French Fries Fruit Milk Salad Bar	3 Beef Soft Taco Refried Beans Chips and Salsa Fruit Milk Salad Bar	4 Ranch Roasted Pork Loin/Dinner Roll Roasted Carrots Mashed Potatoes and Brown Gravy Fruit/Salad Bar Milk	5 Pizza Bar Caesar Salad Fruit Milk Salad Bar
8 Cheeseburger Mac Cinnamon Stick Green Beans Fruit Milk Salad Bar	9 Taco Soup Chips and Salsa Beans Fruit Milk Salad Bar	10 BBQ Chicken Flatbread Garden Salad Doritos Fruit Milk Salad Bar	11 Southwest Chicken Pot Pie Biscuit Roasted Carrots Fruit Milk Salad Bar	12 Cheeseburger Tater Tots Fruit Milk Salad Bar
15 Corn Dog Ruffles Green Beans Fruit Milk Salad Bar	16 Chili Fritos Beans Homemade Cinn Roll * Fruit Milk Salad Bar	17 Teacher Professional Day	18 FALL BREAK	19 FALL BREAK
22 FALL BREAK	23 Chicken and Noodles Dinner Roll Roasted Carrots Fruit Milk Salad Bar	24 Homemade Burrito Mexican Salad Chips and Salsa Fruit Milk Salad Bar	25 Breaded Chicken Sandwich Baked Beans Doritos Fruit Milk Salad Bar	26 Breakfast for Lunch Waffles Scrambled Eggs Sausage Patty Breakfast Potatoes Fruit /Milk Salad Bar
29 Chicken Spaghetti Garlic Knot Green Beans Fruit Milk Salad Bar	30 Cheeseburger Sweet Potato Fries Fruit Milk Salad Bar	31 Mummy Dogs Mac and Cheese Tater Tots Fruit Milk Salad Bar		

October 2018 Breakfast TLCS



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancakes (2) Cereal Fruit Juice Milk	2 Muffin Yogurt Cereal Fruit Juice Milk	3 Cinnamon Roll Cereal Fruit Juice Milk	4 Biscuit & Gravy Jelly Cereal Fruit Juice Milk	5 Breakfast Taco Cereal Fruit Juice Milk
8 Pancake on a Stick Cereal Fruit Juice Milk	9 Toast & Jelly Scrambled Eggs Cereal Fruit Juice Milk	10 Biscuit & Gravy Jelly Cereal Fruit Juice Milk	11 Pancake Minis Cereal Fruit Juice Milk	12 Donut Cereal Fruit Juice Milk
15 Yogurt Parfait Cereal Fruit Juice Milk	16 Sausage Biscuit Cereal Fruit Juice Milk	17 Teacher Professional Day	18 FALL BREAK	19 FALL BREAK
22 FALL BREAK	23 Biscuit & Gravy Cereal Fruit Juice Milk	24 Pancakes(2) Cereal Fruit Juice Milk	25 Breakfast Scramble Toast and Jelly Cereal Fruit Juice Milk	26 Cinnamon Roll Cereal Fruit Juice Milk
29 French Toast Sticks Cereal Fruit Juice Milk	30 Biscuit & Gravy Jelly Cereal Fruit Juice Milk	31 Waffles (2) with Toppings Cereal Fruit Juice Milk		